

Water Sanitation

2nd June 2016

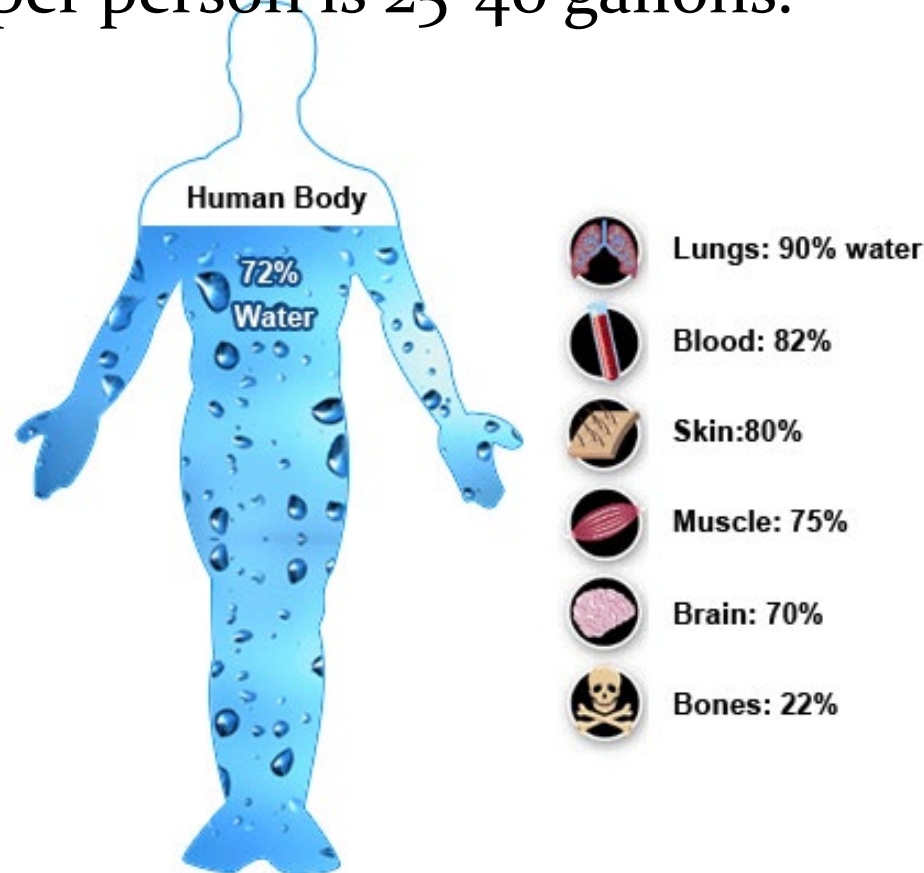
Safe and Wholesome Water (portable water)

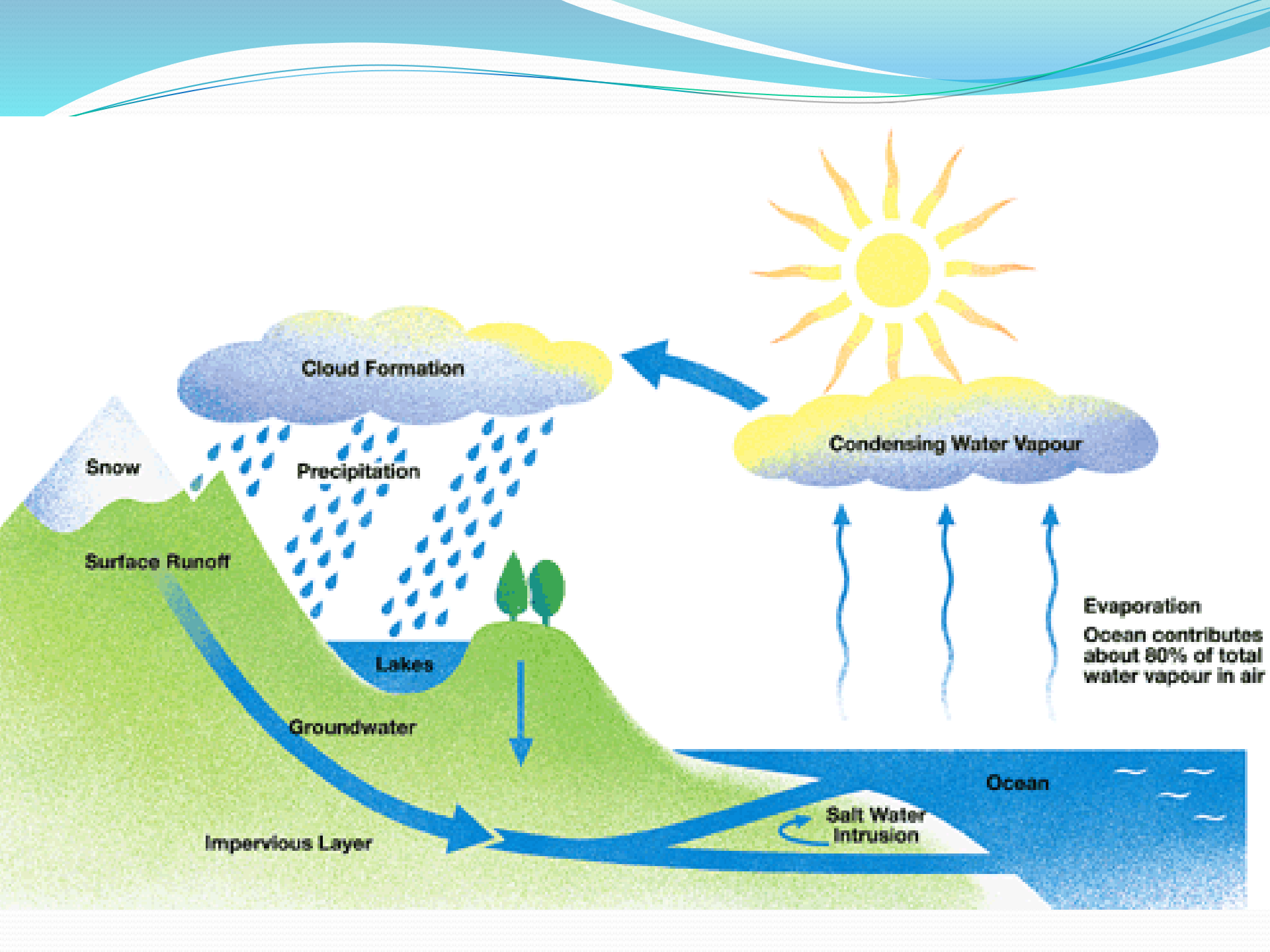
Safe and wholesome water is important for human consumption. The followings are characteristics of safe and wholesome water:

- 1. free from pathogenic agents
- 2. free from harmful chemical substances
- 3. pleasant to the taste i.e. free from colour and odour
- 4. usable for domestic purposes

Adequate water supply

World Health Organization recommended that daily requirement per person is 25-40 gallons.

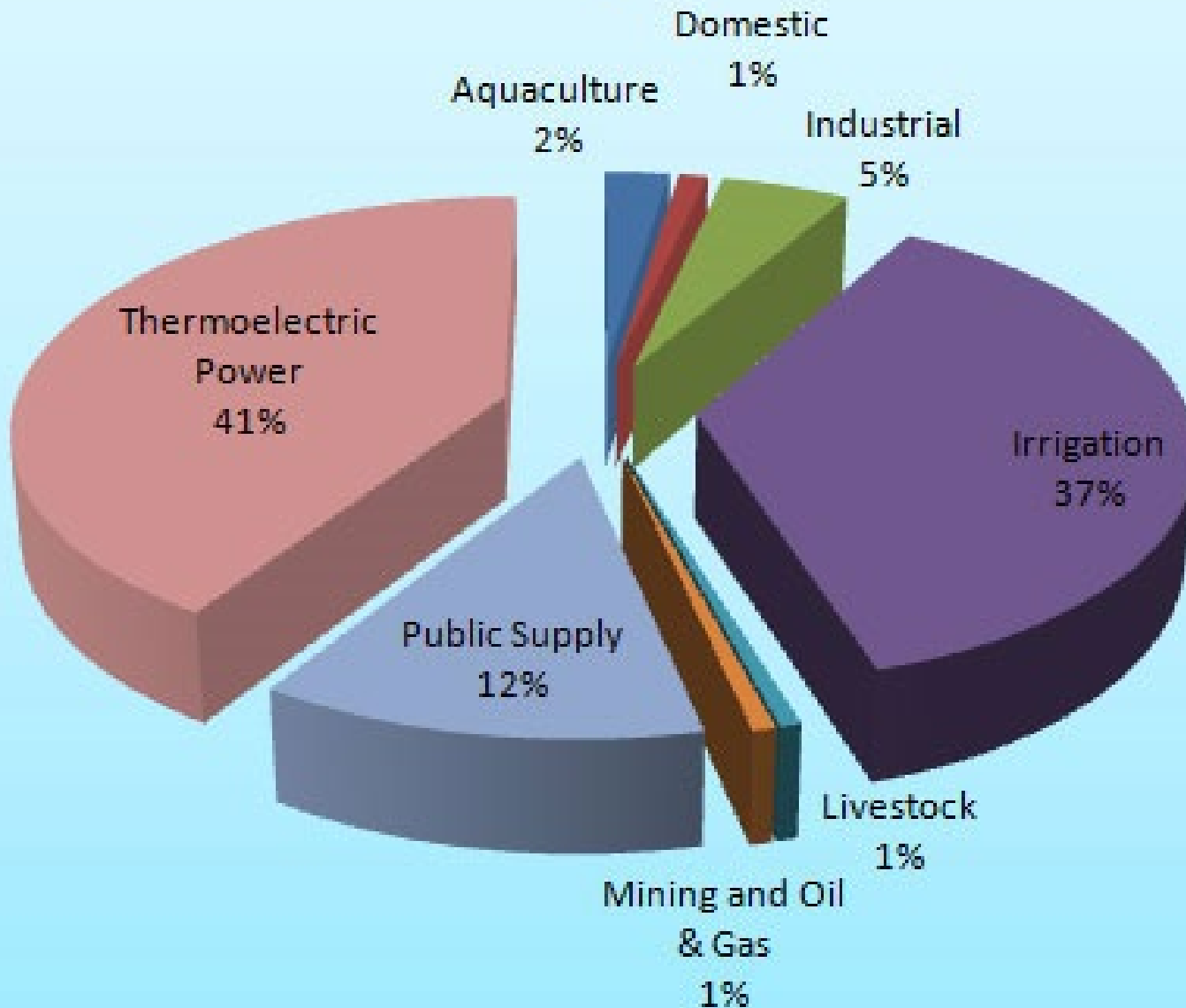




Uses of Water



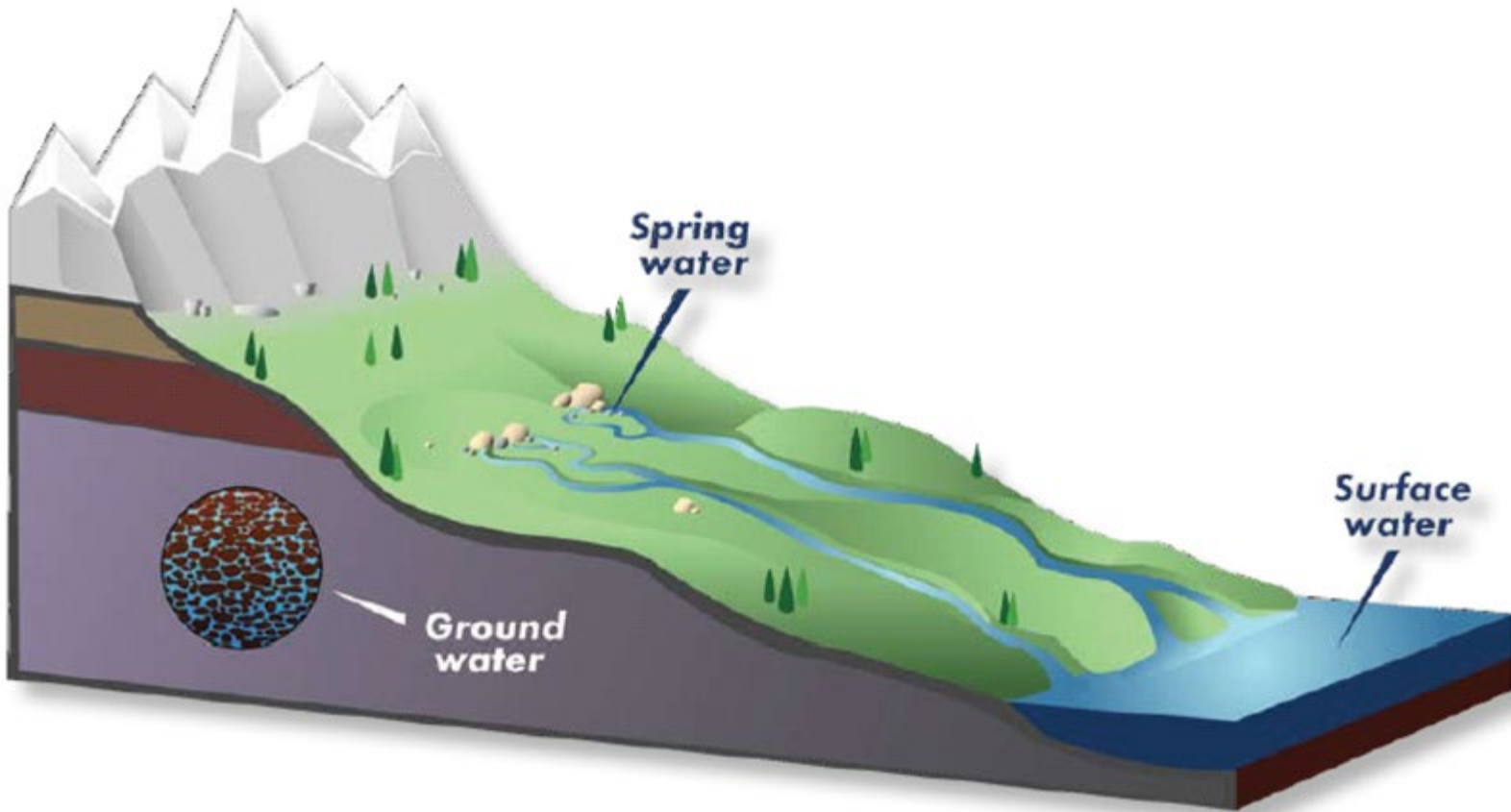
Percentage of Water Used by Category



Uses of Water

1. Domestic use: drinking, cooking, washing, bathing, flushing of toilets, gardening, etc.
2. Public purpose: cleaning street, recreational purpose like swimming pools, public foundations and ornamental ponds, fire protection and public parks
3. Industrial purpose: for processing and cooling
4. Agricultural purpose: irrigation
5. Power production from hydropower and stream power
6. Carrying away waste from all manner of establishments and institutions

Sources of Water



Sources of Water

- Rain
- Ground water
- Surface water



Ground Water

Advantages of ground water are

- (1) It is likely to be free from pathogenic agents.
- (2) It usually requires no treatment.
- (3) The supply is likely to be certain even during dry season.
- (4) It is less subject to contamination than surface water.

Disadvantages of ground water are

- (1) It is high in mineral content e.g. salts of calcium and magnesium which render the water hard.
- (2) It requires pumping or some arrangement to lift the water.

Surface water

- a. Upland lakes and reservoirs
- b. Rivers, canals and low land reservoirs
- c. Rainwater harvesting or fog collection
- d. Desalination of seawater



Water sources in emergency

Survivors
from cyclone
Nargis



Water sources in emergencies

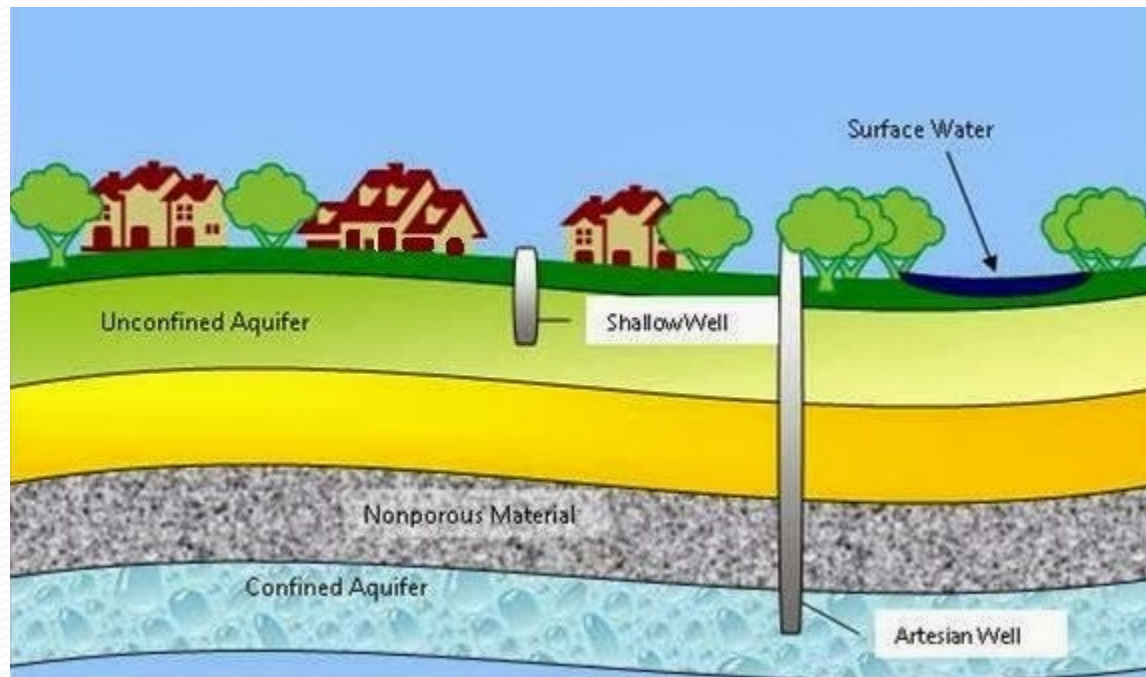
- Surface Water
- Lakes
- Dug Wells
- Springs
- Boreholes
- Rivers
- Streams

Difference between ground water and surface water

No.	Characteristics	Ground water	Surface water
1	Speed of access	Slow	Very fast
2	Need for treatment	Low	Very high
3	Seasonal change	Low	Very high
4	Cost of use	Low to high	Low to high



Differences between a shallow well and deep well



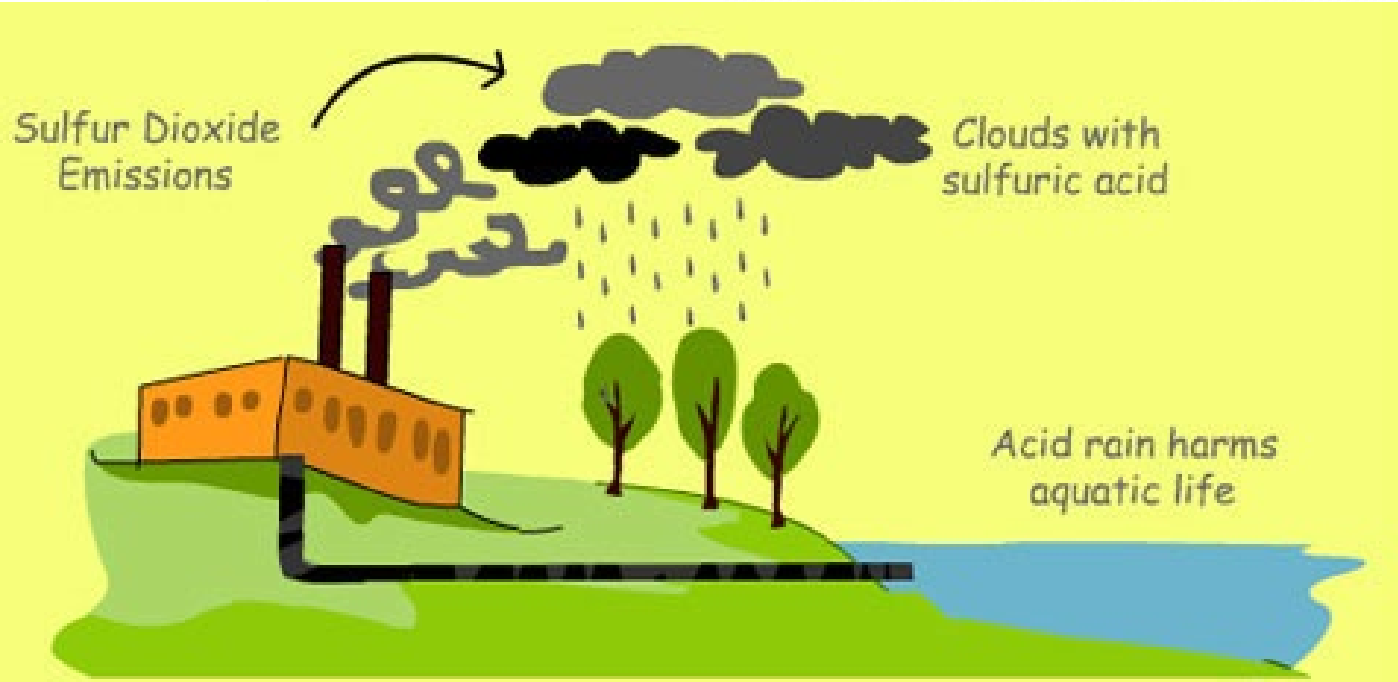
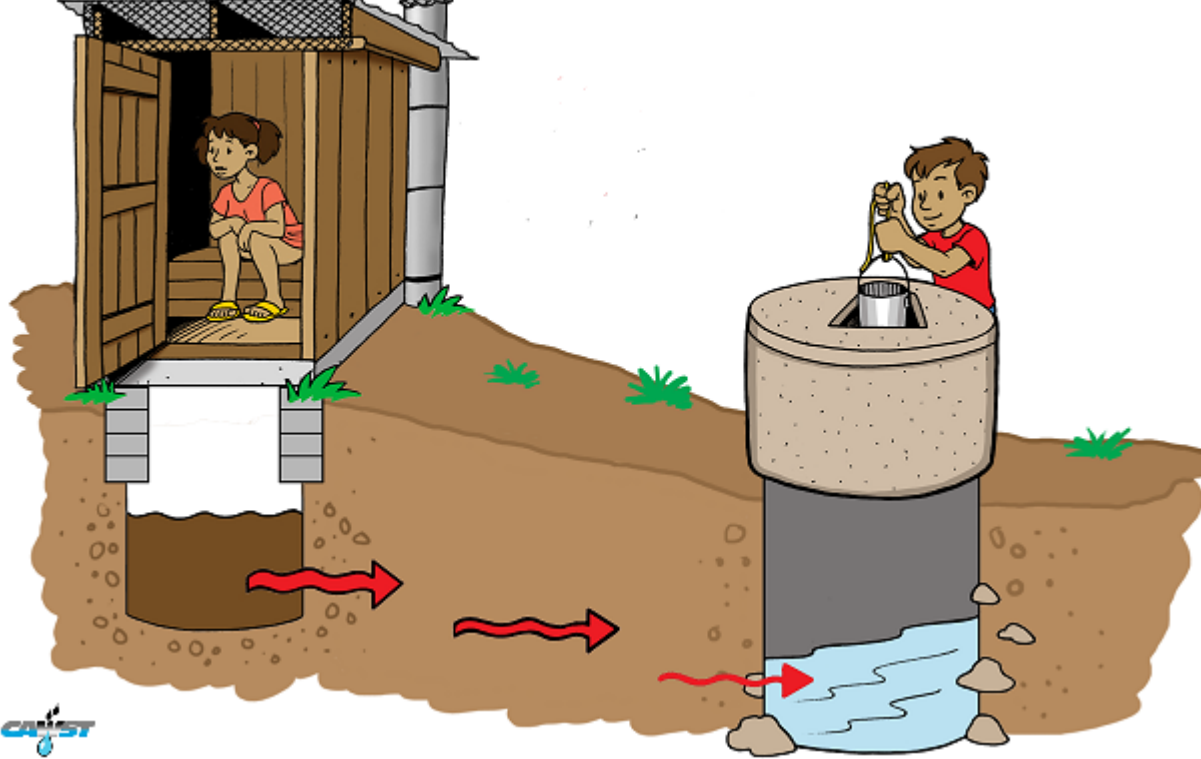
Differences between a shallow well and deep well

No.	Characteristics	Shallow well	Deep Well
1	Definition	Taps the water from above the first impervious layer	Taps the water from below first impervious layer
2	Chemical quality	Moderately hard	Much hard
3	Bacteriological quality	Often grossly contaminated	Taps pure water
4	Yield	Usually goes dry in summer	Provides a source of constant supply

Water Pollution

- Natural impurities



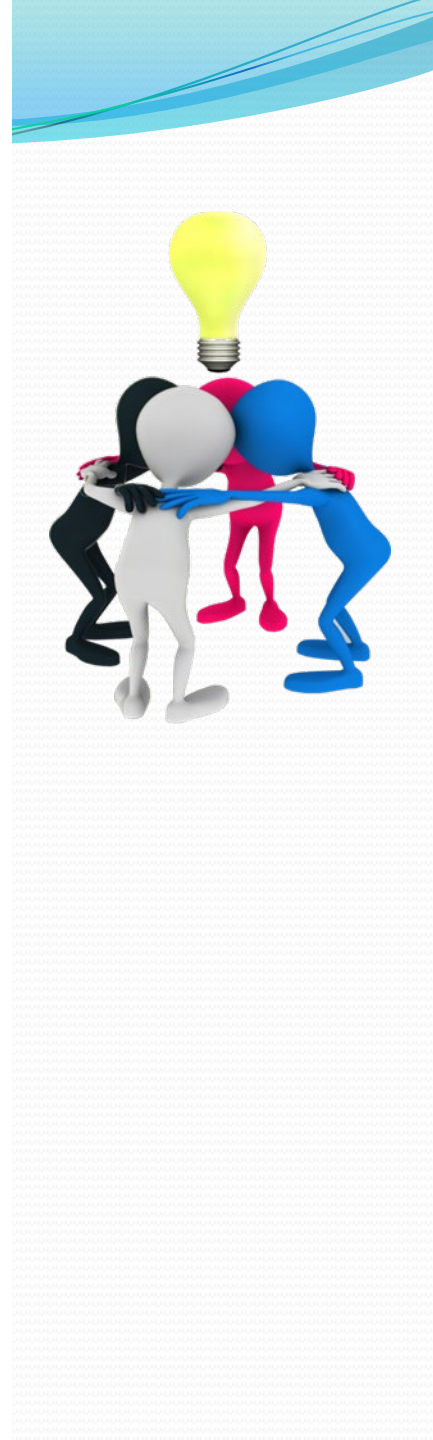


Water Pollution

- Manmade impurities



Video



Classification of diseases related to water

Water-borne
Diseases

Water-based
Diseases

Water-washed
Diseases

Water-related
Diseases

Water Borne Diseases

Bacterial Infections

E. coli	Escherichia coli
Cholera	Vibrio cholerae
Typhoid Fever	Salmonella enteritica
Salmonellosis	Salmonella spp.
Bacillary Dysentery	Shigella enteriae
Botulism	Clostridium botulinum
Campylobacteriosis	Campylobacter jejuni

Protozoan Infections

Giardiasis	Giardia lamblia
Amoebic Dysentery	Entamoeba histolytica
Cryptosporidiosis	Cryptosporidium parvum

Viral Infections

Adenovirus	Adenovirus
Gastroenteritis	Rotavirus, Norovirus
SARS	Coronavirus
Hepatitis	Hepatitis A

Parasitic Infections

Echinococcosis	Echinococcus granulosus
Coenurosis	Taenia multiceps
Enterobiasis	Enterobius vermicularis

Water Carried

Ortitis externa	Pseudomonas aeruginosa
Legionellosis	Legionella spp.

Water Washed

Skin & Eye Infections

Nosocomial	Staphylococcus aureus
Leprosy	Mycobacterium leprae
Scabies	Sarcoptes scabiei
Trachoma	Chlamydia trachomatis

Biting Invertebrate

Typhus	Rickettsia spp.
Spotted Fever	Rickettsia spp.
Bubonic Plague	Yersinia pestis

Water Based

Skin Penetration

Schistosomiasis	Schistosoma spp.
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Interstitial Penetration

Guinea Worm	Dracunculus medinensis
Clonorchiasis	Clonorchis sinensis

Vector Based - Breeding in Water

Malaria	Plasmodium spp.
Dengue	Flavivirus Aedes spp.
Yellow Fever	Flavivirus Aedes spp.
Viral Encephalitis	Arboviruses & others

Bite near Water

Sleeping Sickness	Trypanosoma brucei
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The Life Cycle of Trachoma

INFECTING THE EYES

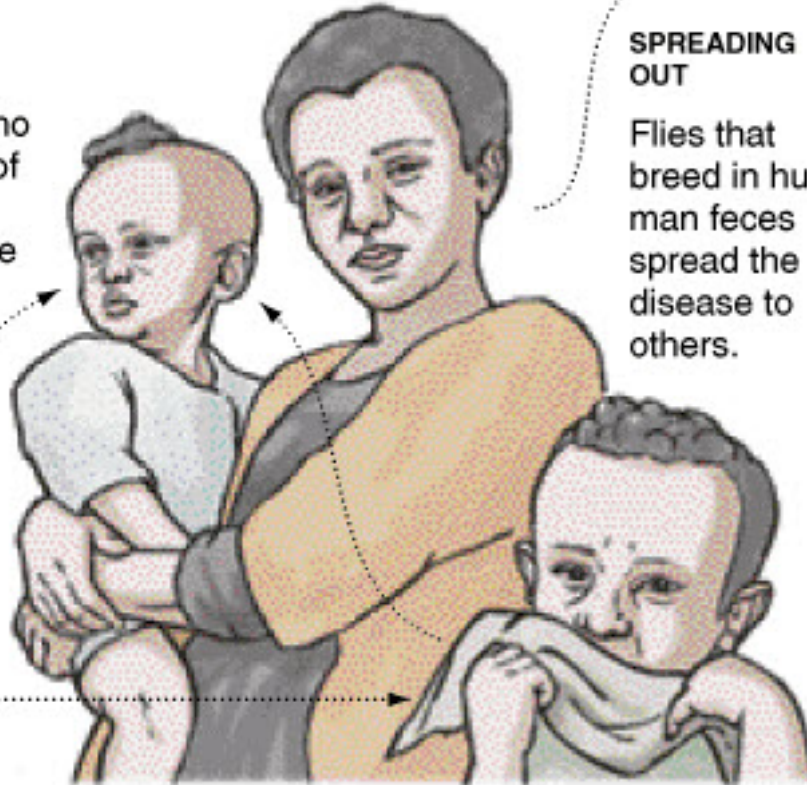
Flies carrying the micro-organism land on children's eyes, to feed on discharge.

Dirty hands or face cloths also spread the disease.



FAMILY CONTACT

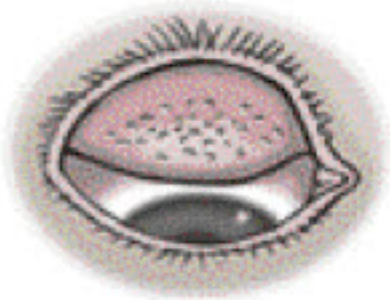
Women who take care of children also get the infection.



SPREADING OUT

Flies that breed in human feces spread the disease to others.

HOW TRACHOMA BLINDS



Infections inflame and thicken the upper eyelid.



Scarred eyelids turn inward.



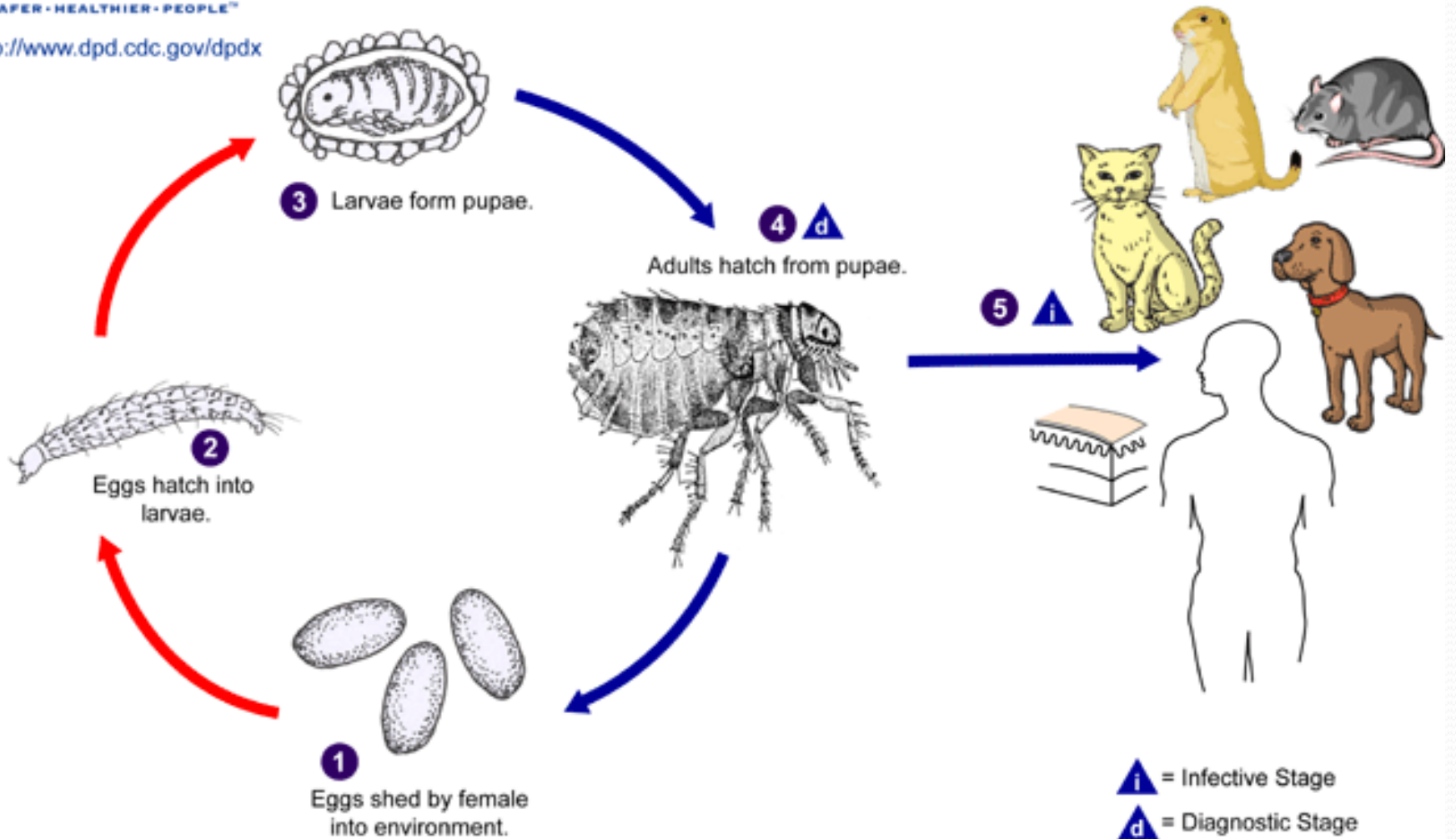
The lashes scratch the cornea, leading to blindness.

Chlamydia trachomatis

Typhus (Rickettsia)



<http://www.dpd.cdc.gov/dpdx>



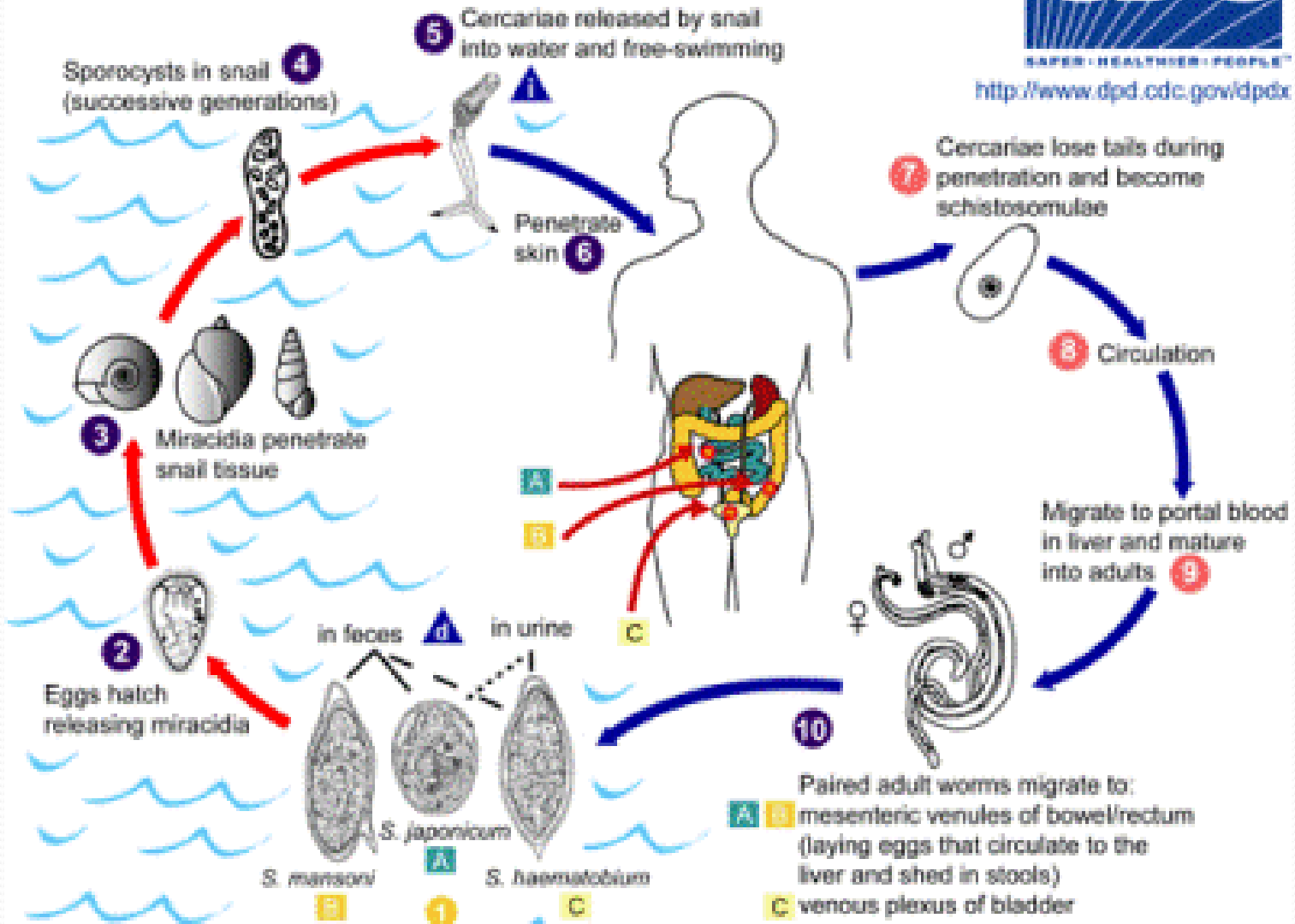
Schistosomiasis (Schistosoma)



SAFER • HEALTHIER • PEOPLE™

<http://www.dpd.cdc.gov/dpdx>

I = Infective Stage
d = Diagnostic Stage

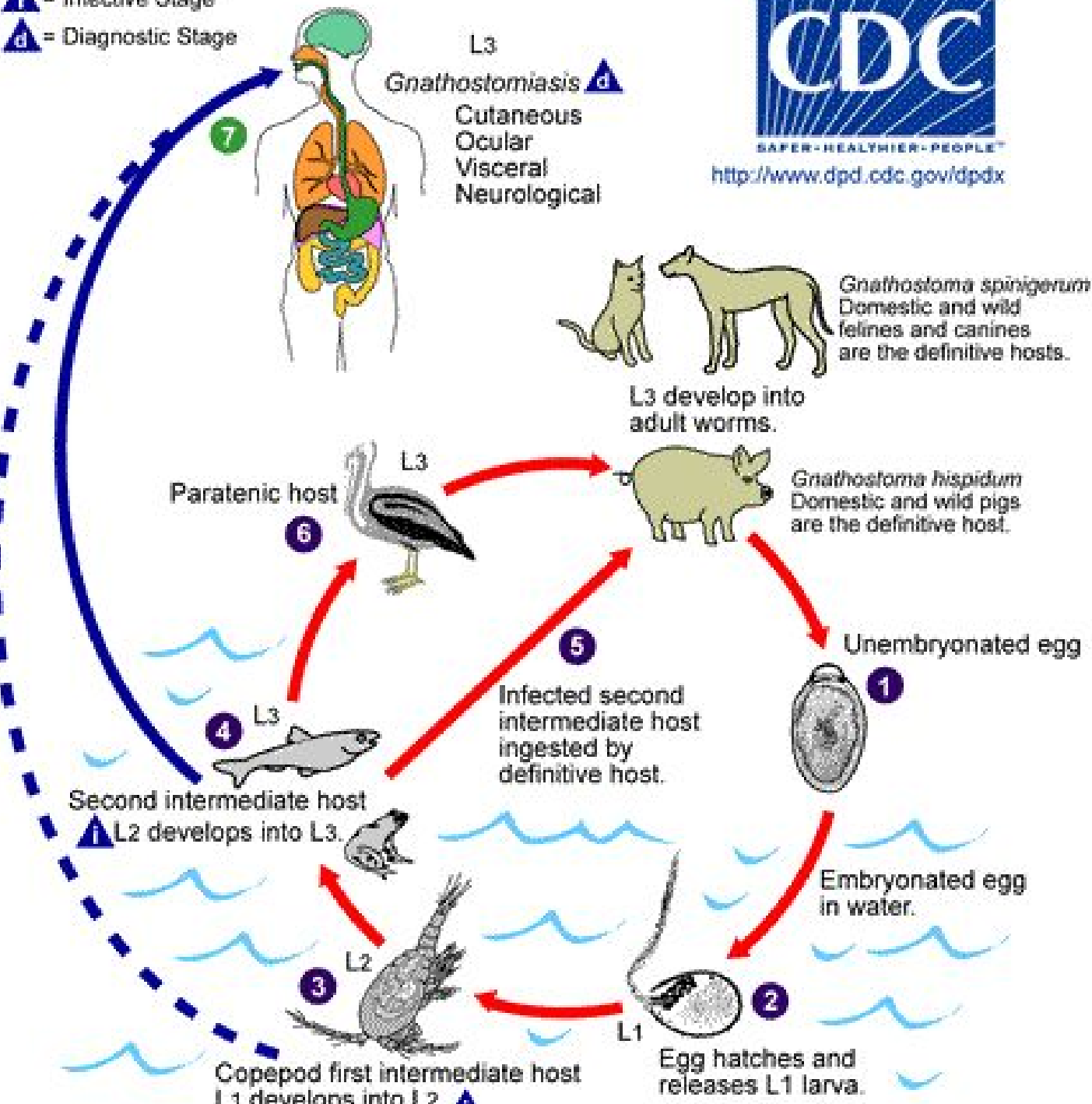


Fish Tape Worm (Cyclops)



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<http://www.dpd.cdc.gov/dpdx>

▲ = Infective Stage
△ = Diagnostic Stage

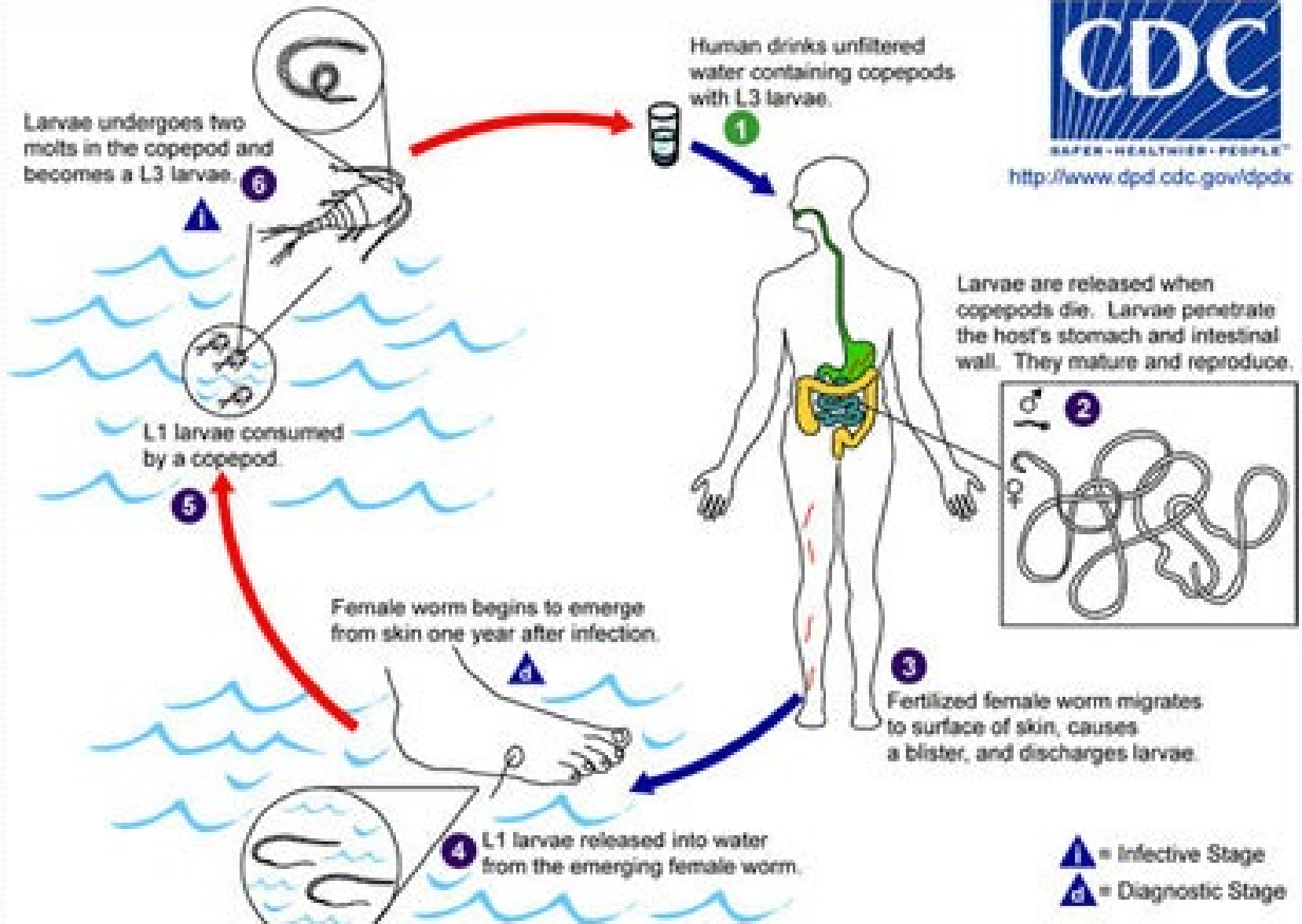


Guinea worm



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<http://www.dpd.cdc.gov/dpdx>



Drinking water quality



Drinking water quality

Acceptability aspects

Physical parameters

turbidity

colour

odor and taste

Temperature

Chlorides

Hardness

pH

Iron

Dissolved oxygen

Inorganic constituents

Coliforms organism

Fecal streptococci

Cl. Perfringens

Bacteriological indicators

Virological aspect

Protozoa

Helminths

Free living organisms

Biological aspects

Microbiological aspects

Drinking water quality

Chemical aspects

Inorganic constituents

Arsenic

Fluoride

Lead

aromatic hydrocarbons

Organic constituents

Chlorinated Ethenes

Chlorinated alkanes

Radiological aspects

Gross alpha activity 0.1 Bq/l

Gross beta activity 1.0 Bq/l

Sanitary water source



Selection of site for construction of sanitary water source

- a. should be at least 50 feet away from source of contamination like latrines
- b. must be located at a higher than surrounding area to avoid entrance of flood water
- c. Distance between the water source and houses of users should also be considered. The source should be located that no user will have to carry water for more than 100 meter.

Rain water collection system + vid



Guideline for sanitary inspection of rain water collection system + video

1. The roof or collection surface should be clean.
2. The guttering should be clean.
3. The filter box should be in good condition.
4. The cover should be sanitary and closed.
5. The tank should not be cracked.
6. The collection area should be cleaned and well drained.
7. The bucket should be stored so that it cannot be contaminated.
8. There must be no human or animal excreta on the ground.





Shallow well sanitation + video



Requirements of a sanitary well

- 1. Location: Should be located at a higher level than latrines in the vicinity, At least 50 feet away from latrines, not more than 100 yards from the users (dwellings of consumers).
- 2. Lining: Should be built of bricks or stones set in cement up to 3 meters depth. Lower part should be lined with concrete rings with perforation, so that water enters from the bottom & not from the sides of the well. The lining should be carried 60-90 cm (2-3 feet) above the ground level, to prevent caving in.

- 3. Parapet: There should be a parapet wall up to height of at least 1 meter (3 feet) all around the around the rim, to prevent falling.
- 4. Platform: A cement concrete platform around the well extending at least 1 meter (3 feet) in all direction should be constructed. The platform should have gentle slope at outwards toward a drain built along its edges.
- 5. Drain: There should be a pucca drain to carry off spilled water to a public drain or soakage pit
- 6. Covering: The top of the well should be closed by a cement concrete cover to protect from outside contamination.

- 7. Hand pump: Well should be equipped with a hand pump for lifting water in a sanitary manner.
- 8. Consumer responsibility: Strict cleanliness should be enforced in the vicinity of the well; bathing, washing of clothes & animals, dumping of refuse & waste etc. should be prohibited. All this requires health education.
- 9. Quality: Physical, chemical and bacteriological quality of water should confirm to the acceptable standards of quality of safe and wholesome water.
- 10. Disinfection: should be done if necessary. (See chlorination)

Surveillance functions on drinking water

1. Approval of new sources
2. Watershed protection
3. Approval of construction and operating procedures of waterworks including
4. Sanitary surveys
5. Monitoring programs, including provision for central and regional analytical laboratory services
6. Development of codes of practice for well construction, pump installation and plumbing
7. Inspection quality control in bottled-water and ice manufacturing operations

The elements of surveillance program

1. Sanitary survey
2. Sampling
3. Bacteriological surveillance
4. Biological examination
5. Chemical surveillance

Inspection of shallow well

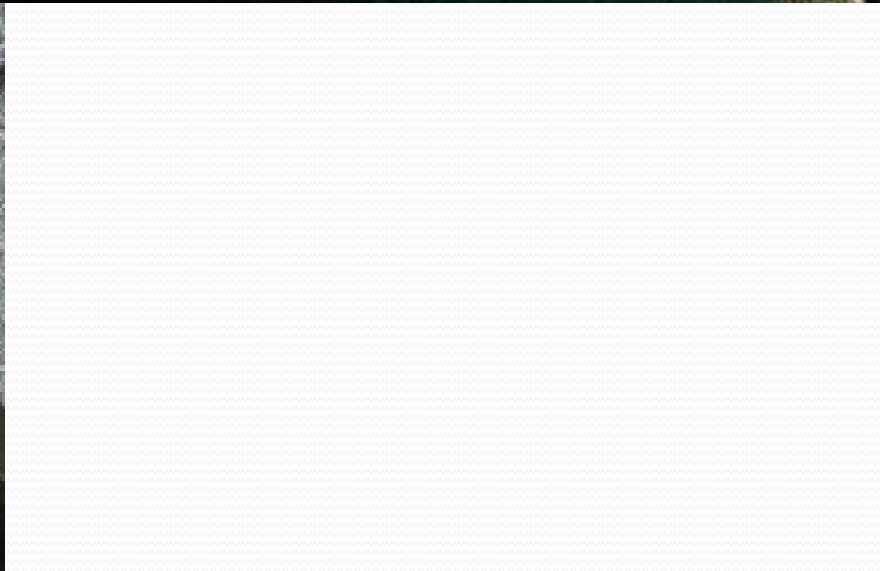






Rainwater storage system





Collection of tap water + video

- The tap should be opened fully, water to run to waste at least 2 minutes in order to flush the interior of the nozzle and to discharge stagnant water in the service pipe. If the tap to collect water in not in regular use, it should be sterilized by heating it either with a blow lamp or ignited piece of cotton soaked in methylated spirit until it is unbearably hot to touch. Then tap should be cooled by allowing water to run to waste before sample is collected.
- The bottle should be held near the base with one hand and stopper and paper cover over it removed together and held in fingers. The sample bottle should be filled from a gentle stream of water from tap, avoiding splash.

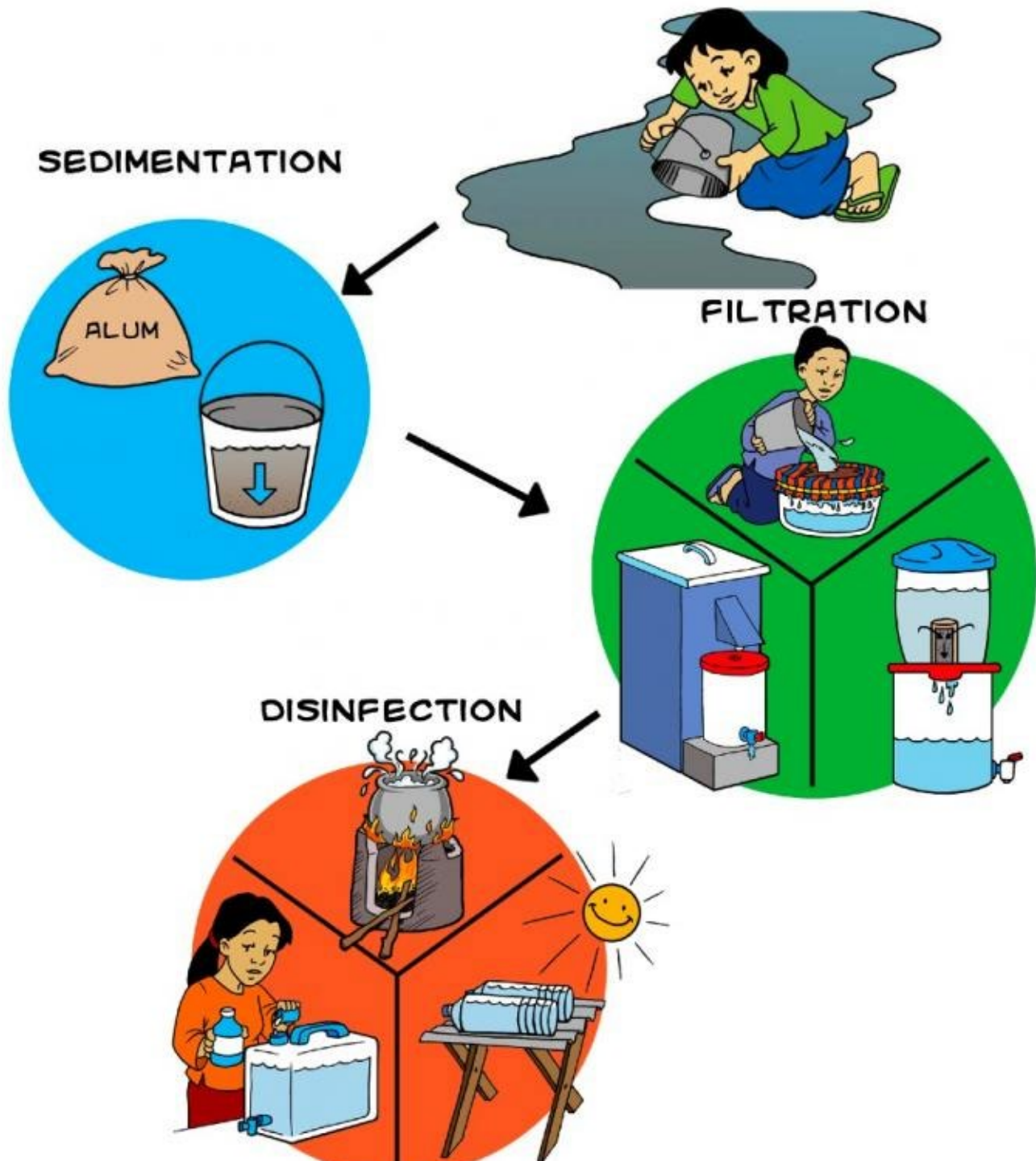
Transport and storage of samples

- The bacteriological examination of sample should be commenced as soon as possible after collection. If possible, sample should be kept in ice. Iced samples should be taken for analysis within 48 hours. Certain particulars regarding date of collection and dispatch, source of water, particulars of recent rainfall and findings of sanitary survey should also be supplied with the sample.

Natural purification

1. Evaporation and condensation (rain water)
2. Filtration through earth (ground water)
3. Dilution (river, streams)
4. Storage and sedimentation (lakes, ponds, reservoirs)
5. Ultraviolet rays and sunlight (surface and rain water)
6. Aeration-Oxidation (rain and surface water)

Artificial purification of water on small scale

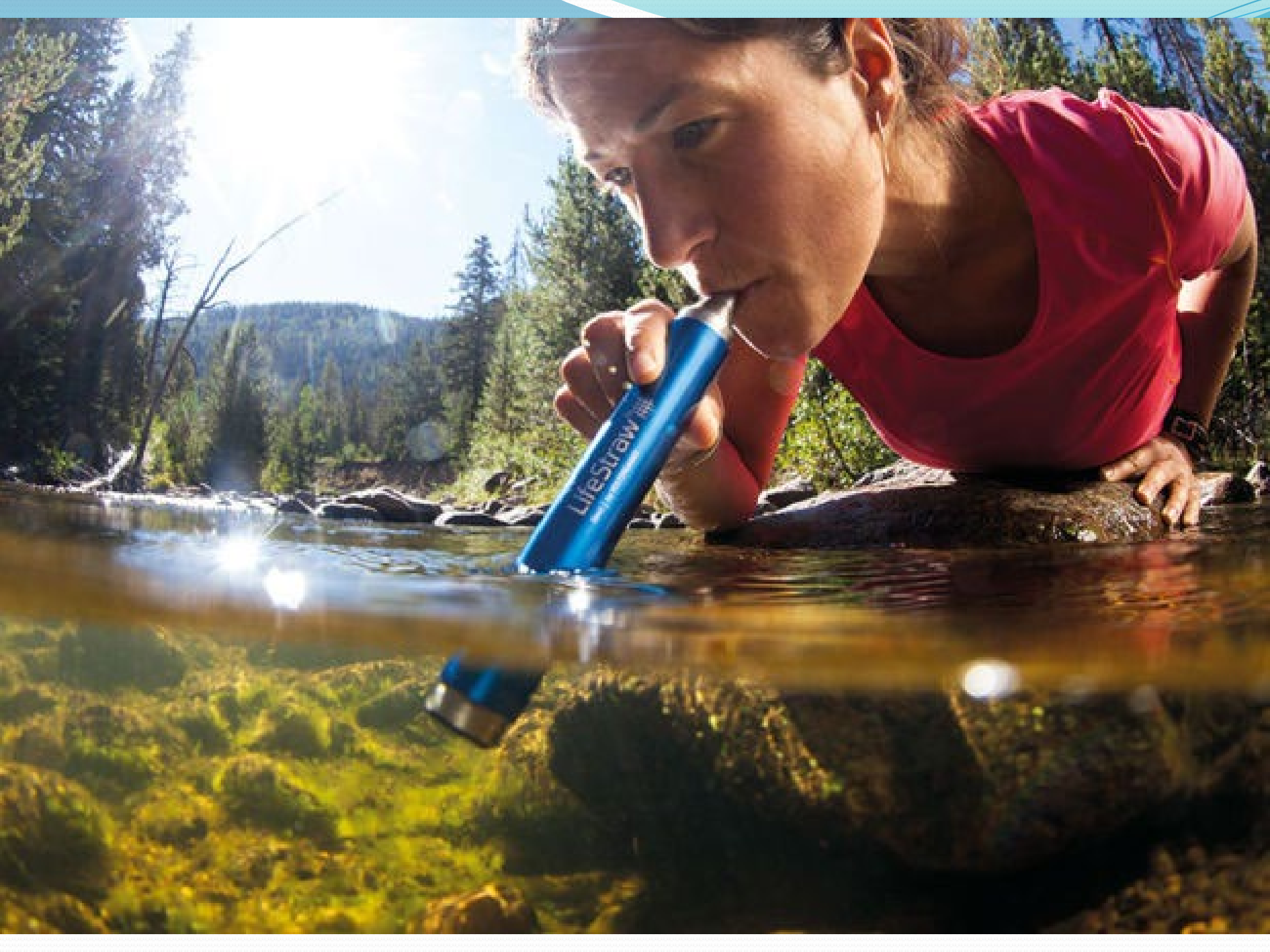


Filtration+ video





Ceramic
filter + vid



Disinfection by boiling

- - Boiling is a very effective though energy consuming method to destroy various pathogens such as viruses, spores, cysts and worm eggs.
- Water temperatures above 70 °C (158 °F) will kill all pathogens within 30 minutes, above 85 °C (185 °F) within a few minutes, and at boiling point (100 °C (212 °F)), most pathogens will be killed.

Disinfection using chlorine

When used correctly, chlorine will kill all viruses and bacteria, but some species of protozoa and helminthes are resistant.

The chemical should also have sufficient contact time with the pathogens (at least 30 minutes for chlorine).

The strength of the disinfectant may decline with time depending on how it is stored.

It is therefore in emergency situations, chlorine solutions be centrally dispensed to the users by qualified personnel.

The most effective and cheapest method of disinfecting well is by bleaching powder.

The main purposes of chlorination are: -

- 1. Disinfection of water
- 2. Control of algae and other plants in the reservoir
- 3. Destroy taste and odour producing constituents
- 4. Prevention of organic growth in pipe line especially growth of iron fixing and slime producing bacteria.

Principle of chlorination

- 1. Water to be chlorinated should be clear/free from turbidity
- 2. The amount of chlorine required should be estimated

- 3. Contact time of at least half to one hour is essential to kill bacteria and viruses.
- 4. The minimum recommended concentration of free residual chlorine after a contact period of $\frac{1}{2}$ to 1 hour is 0.1 to 0.2 ppm.

Chlorine residual – It is the amount of chlorine left in water after the reaction of chlorine with water during a specific contact period, which is essential to kill bacteria and viruses. It may be in the form of free or combined available chlorine.

- 5. The sum of chlorine demand of specific water plus the required level of free residual chlorine is the chlorine dosage (the amount of chlorine to be added into water).



Factors influencing the effectiveness of chlorination

- 1. Type of chlorine used.
- 2. Amount of chlorine added (Dosage)
- 3. Turbidity of the water to be chlorinated.
- 4. Organic load, type and amount of bacteria contaminated in water.
- 5. Length of contact period
- 6. Temperature of water
- 7. pH of water.

Principle of chlorination

Water clear/free from turbidity

amount of chlorine

Contact time of half hour

residual chlorine 0.1 to 0.2 ppm

Total Cl = Required amount + Residual chlorine

Factors influencing the chlorination

Turbidity of water

Amount of chlorine

Contact period

Type of chlorine

Organic load

Temperature and pH of water

1. Simple chlorination

- It is an application of chlorine for the purpose of disinfection a water supply.
- Free residual chlorine is 0.1 to 0.2 ppm.

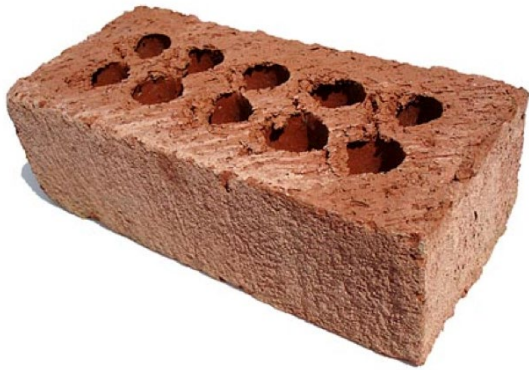
2. Super - chlorination

- highly polluted water, or during epidemics of water borne diseases.
- (a) Residual chlorine is usually 1-2ppm.
- (b) followed by dechlorination
(which is carried out by addition of dechlorinating agents such as sodium thiosulphate, potassium permanganate)
to achieve residual chlorine of 0.1 – 0.2 ppm.

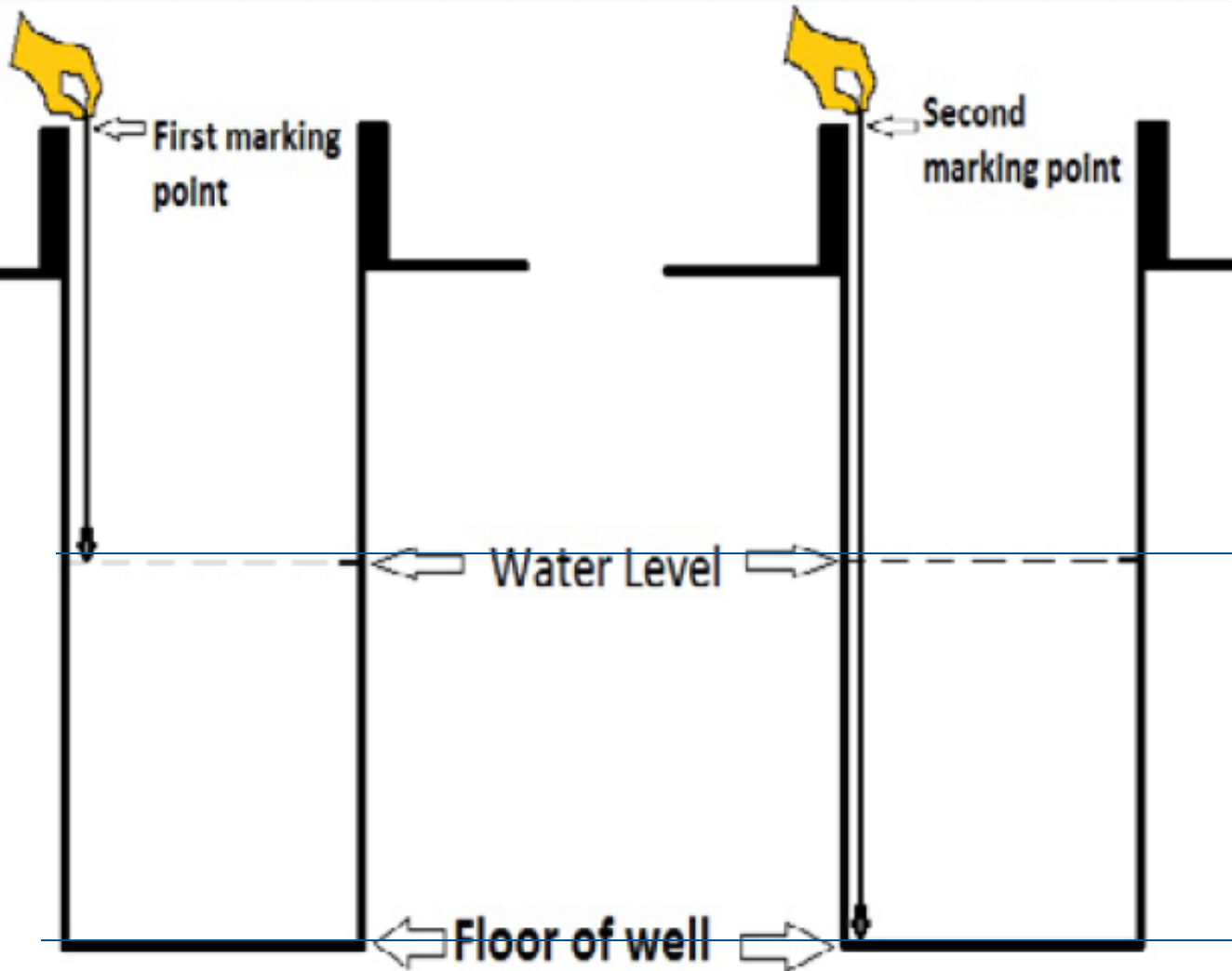
Materials required







Find the volume of water in a well



Depth of water

• (a) For circular well

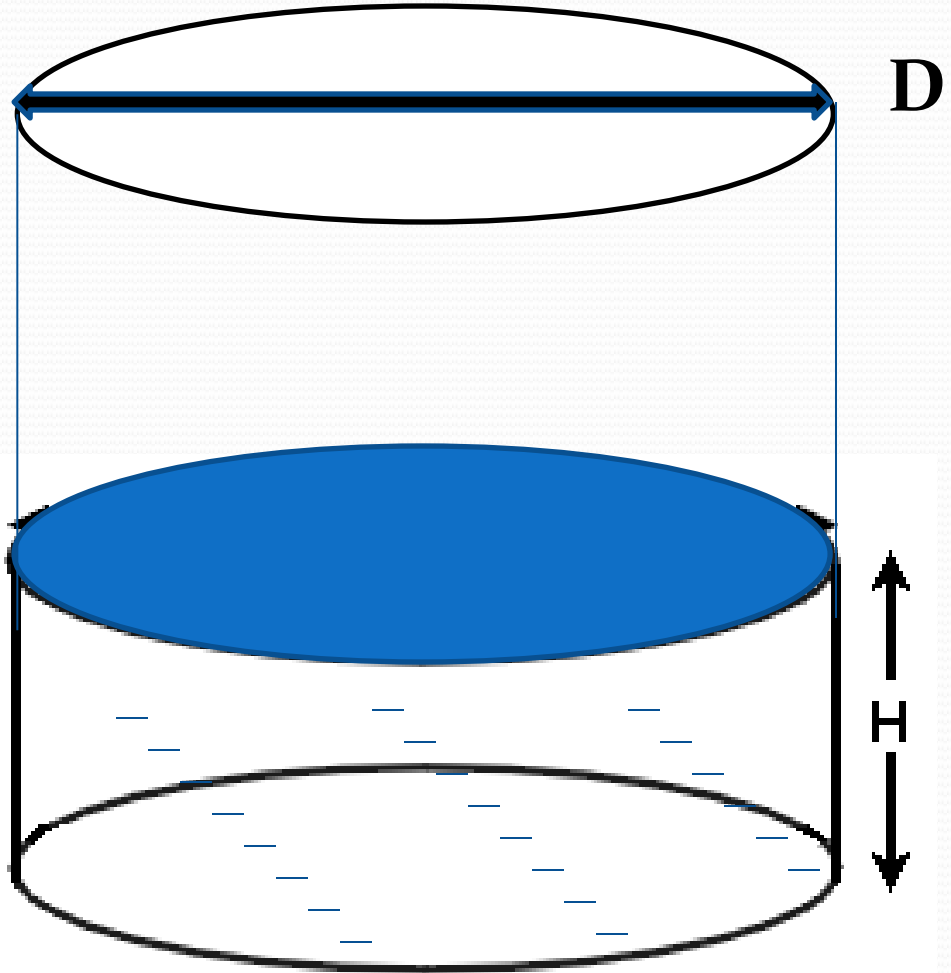
5 D² H (in gallons)

D = 6 feet

H = 10 feet

Vol = 5 * 6 * 6 * 10
= 1800 gallons

Diameter တို့ငံးရငံး
ေရတြငံးေဘငံးတို့ငံးေရငံး



Maths Time!

စကတိုင်းပံ့ရေကြင်း

(၁) ပထမ အတိုင်း = ၅ ဝေ

ဒုတိယ အတိုင်း = ၁၂ ဝေ

အခင်း = ၄ ဝေ

ရေထုထည့် ကို ရှာပါ

၅၆၀

(၂) ပထမ အတိုင်း = ၄ ဝေ

ဒုတိယ အတိုင်း = ၁၆ ဝေ

အခင်း = ၆ ဝေ

ရေထုထည့် ကို ရှာပါ

၂၁၆၀

- (b) For rectangular well:

- $L \times B \times H \times 6.25$ (in gallons)

- $L=10$ feet

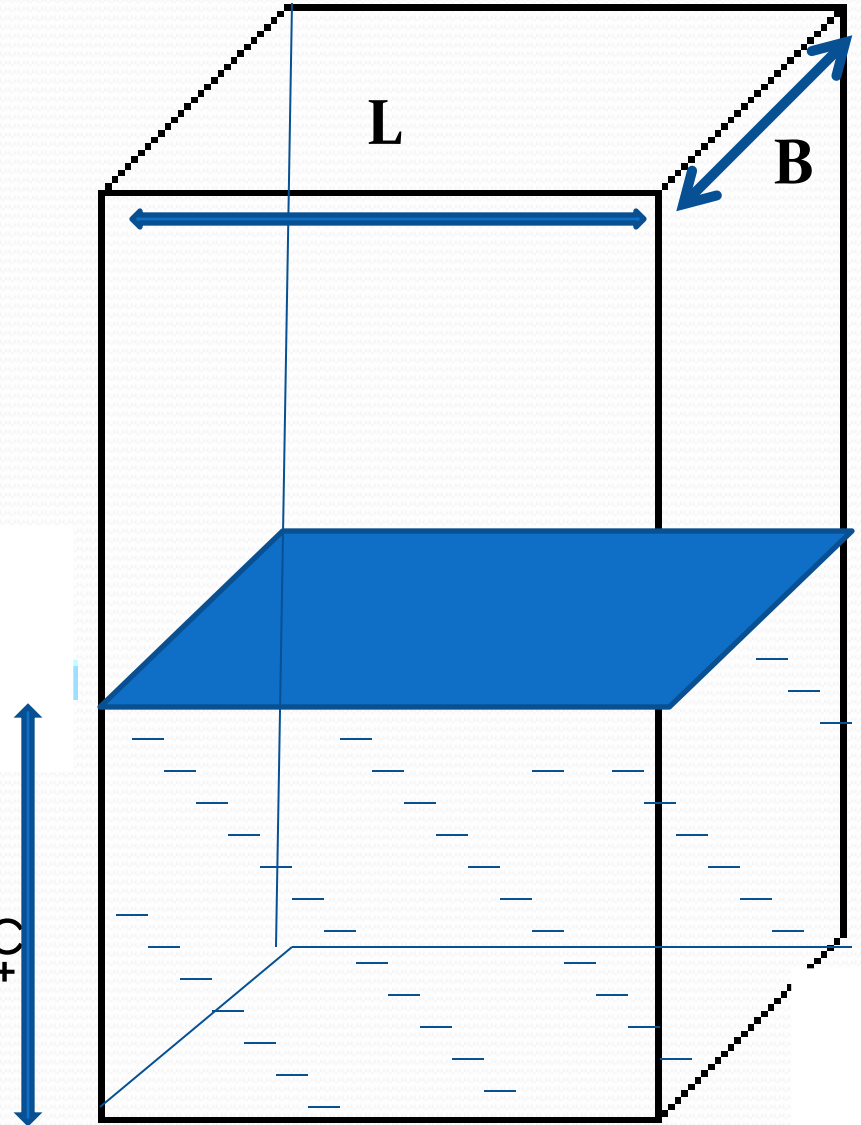
- $B=5$ feet

- $H=10$ feet

- $Vol = 10 \times 5 \times 10 \times 6.25$

- $= 3125$ gallons

- အလ်ား၊ အနံတိုင်းရင်း ဝေဘာဝု ပါထဲတိုင်းရင်း



Maths Time!

လေးထောင့်ပုံ ရေကြောင်း

(၁) ပထမ အတိုင်း = ၅ ဝေ
ဒုတိယ အတိုင်း = ၁၂ ဝေ
အလား = ၄ ဝေ
အနံ = ၃ ဝေ
ရေထုထည် ကို ရှာပါ

(၂) ပထမ အတိုင်း = ၆ ဝေ
ဒုတိယ အတိုင်း = ၉ ဝေ
အလား = ၅ ဝေ
အနံ = ၆ ဝေ
ရေထုထည် ကို ရှာပါ

If feet + inch

- 5 feet 3 inch = 5' 3"
- 5 feet + 0.25 feet
- = 5.25 feet

12 inch \rightarrow 1 feet

3 inch \rightarrow ?

= 3

12

= 0.25 feet



Maths Time!

(၁) ၅ ဝေ ၃ လက္ခ ကို ဝေ ဖြေပါ

(၂) ၇ ဝေ ၁၁ လက္ခ ကို ဝေ ဖြေပါ

(၃) ၁၂ ဝေ ၃ လက္ခကို ဝေ ဖြေပါ

(၄) ၈ ဝေ ၇ လက္ခကို ဝေ ဖြေပါ

Maths Time!

- (၁) အခင်းငှား ၆၀ လက္ခကို ဝေ ဖြုတ်ပါ
- (၂) အနံ ၁၀၀ လက္ခ ကို ဝေ ဖြုတ်ပါ
- (၃) အလား ၁၅၀ လက္ခကို ဝေ ဖြုတ်ပါ

Find the amount of Chlorine

- 1 oz of bleaching powder used for 1000 gals of water
(1 oz = 2g = 1 table spoon)

1000 gals \rightarrow 1 oz of Chlorine

1800 gals \rightarrow ?

$$= 1 * 1800$$

1000

$$= \frac{1800}{1000} \text{ oz of Chlorine}$$

$$= 1.8 \text{ table spoon}$$

1 oz Cl \rightarrow 2 gram

1.8 oz Cl \rightarrow ?

$$= 2 * 1.8 = 3.6 \text{ gram}$$

1000 gals → 10z of chlorine

3125 gals → ?

$$= 1 * \frac{3125}{1000}$$

= 3.1 oz of chlorine

= 3.1 table spoon

1 oz Cl → 2 gram

3.1 oz Cl → ?

$$= 2 * 3.1 = 6.2 \text{ gram}$$

Maths Time!

(၁) ရေ ၃၀၀၀ ဂါလံ အကြွေက လိုအပ်သော Chlorine oz,
စားပြုတငြန့်နိုး ဝန့်ဝ့င့ gram ကို ရှာပါ

(၂) ရေ ၄၅၀၀ ဂါလံ အကြွေက လိုအပ်သော Chlorine oz,
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(၃) ရေ ၆၈၀၀ ဂါလံ အကြွေက လိုအပ်သော Chlorine oz,
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Maths Time!

(၁) အဝိဒ္ဇာပံ့ပေးရေးကြေးငွေ

ပထမ အတိုင်းငွေ = ၈ ပေ ၃ လက်မ

ဒုတိယ အတိုင်းငွေ = ၁၃ ပေ ၆ လက်မ

အခြားငွေ = ၅ ပေ ၇ လက်မ

လိုအပ်သော Chlorine oz, စားပြုတင်္ဂြိုင်းငွေ ဝိဒ္ဇာငွေ gram ကို ရှာပါ

Maths Time!

(၂) အဝိဒ္ဇာပံ့ပိုးရေးကြံ့ခိုင်ရေး

ပထမ အတိုင်း = ၆ ပေ ၉ လက်မ

ဒုတိယ အတိုင်း = ၁၃ ပေ ၂ လက်မ

အခြား = ၅ ပေ ၄ လက်မ

လိုအပ်သော Chlorine oz, စားပြုတင်္ဂြိုင်း ဝိဒ္ဇာ gram ကို ရှာပါ

Maths Time!

(၃) လေးထောင့်ပုံ ရေကြောင်း

ပထမ အတိုင်း = ၈ ပေ ၂ လက်မ

ဒုတိယ အတိုင်း = ၁၀ ပေ ၅ လက်မ

အလား = ၄ ပေ ၁၁ လက်မ

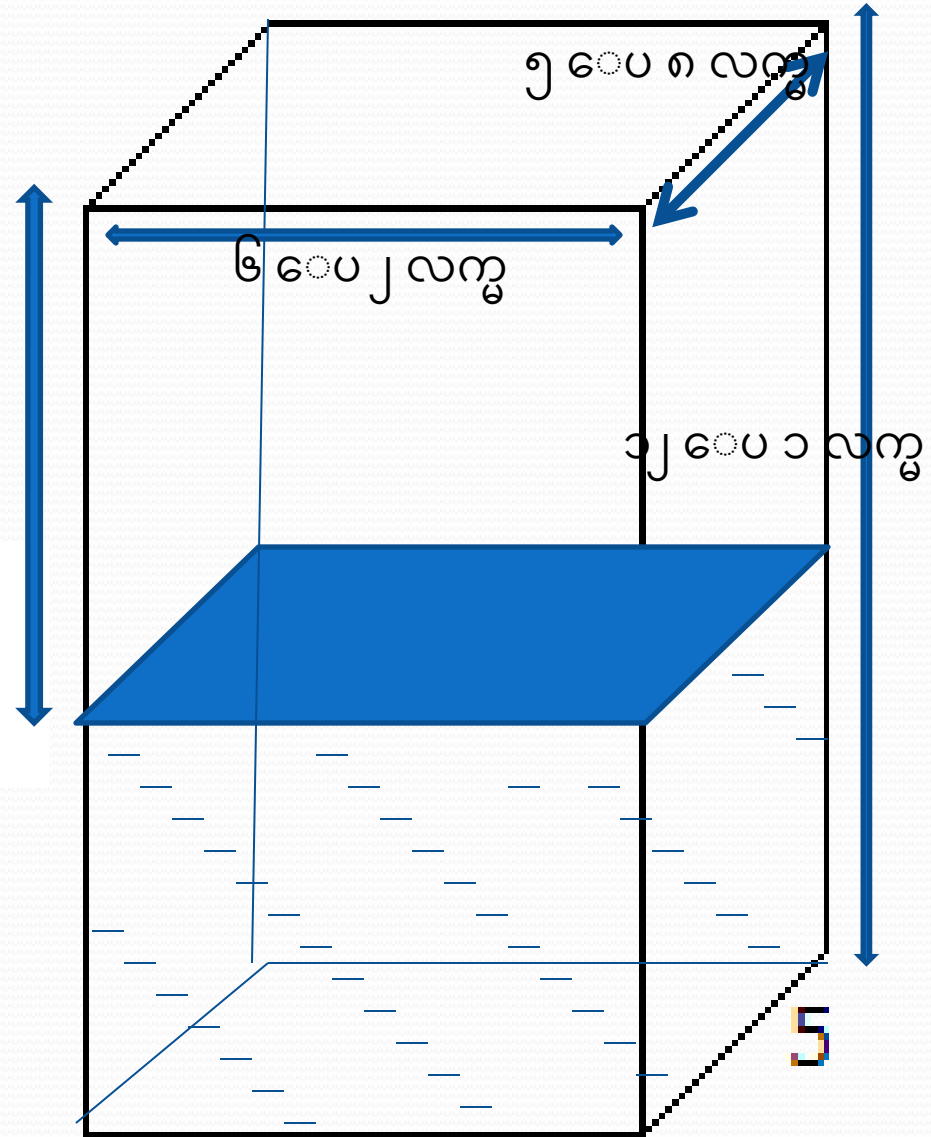
အနံ = ၃ ပေ ၉ လက်မ

လိုအပ်သော Chlorine oz, စားပြုတင်္ဂန်း ဝေ့ငံ့ gram ကို ရှာပါ

လေးထောင့်ပုံ ရေကြေး

- လိုအပ်သော Chlorine
- oz, စားပြဲတင်္ဂြိုင်း
- နံ့ငံ့ gram ကို ရှာပါ

၆ ပေ ၉ လက်မ



Maths Time!

(၄) လေးထောင့်ပုံ ရေကြောင်း

ပထမ အတိုင်း = ၆ ပေ ၉ လက်မ

ဒုတိယ အတိုင်း = ၁၂ ပေ ၁ လက်မ

အလား = ၆ ပေ ၂ လက်မ

အနံ = ၅ ပေ ၈ လက်မ

လိုအပ်သော Chlorine oz, စားပြုတင်္ဂန်း ဝေ့ဝေ့ gram ကို ရှာပါ

ညောင်ပင်သာရွာ အတွက် လိုအပ်သော Chlorine oz, gram ပမာဏကို ရှာပါ

• အိုင်းပုံ ရေတွင်း ၂ တွင်း

(၁) ပထမ အိုင်း = ၈ ပေ ၃ လက်မ၊ ဒုတိယ အိုင်း = ၁၃ ပေ ၆ လက်မ

အချင်း = ၅ ပေ ၇ လက်မ

(၂) ပထမ အိုင်း = ၆ ပေ ၉ လက်မ၊ ဒုတိယ အိုင်း = ၁၃ ပေ ၂ လက်မ

အချင်း = ၅ ပေ ၄ လက်မ

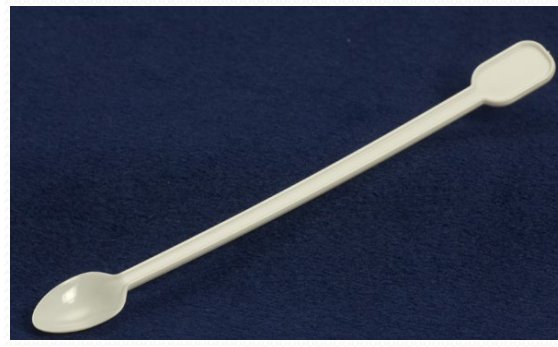
(၃) လေးထောင့်ပုံ ရေတွင်း ၁ တွင်း

ပထမ အိုင်း = ၆ ပေ ၉ လက်မ၊ ဒုတိယ အိုင်း = ၁၂ ပေ ၁ လက်မ

အလျား = ၆ ပေ ၂ လက်မ၊ အနံ = ၅ ပေ ၈ လက်မ



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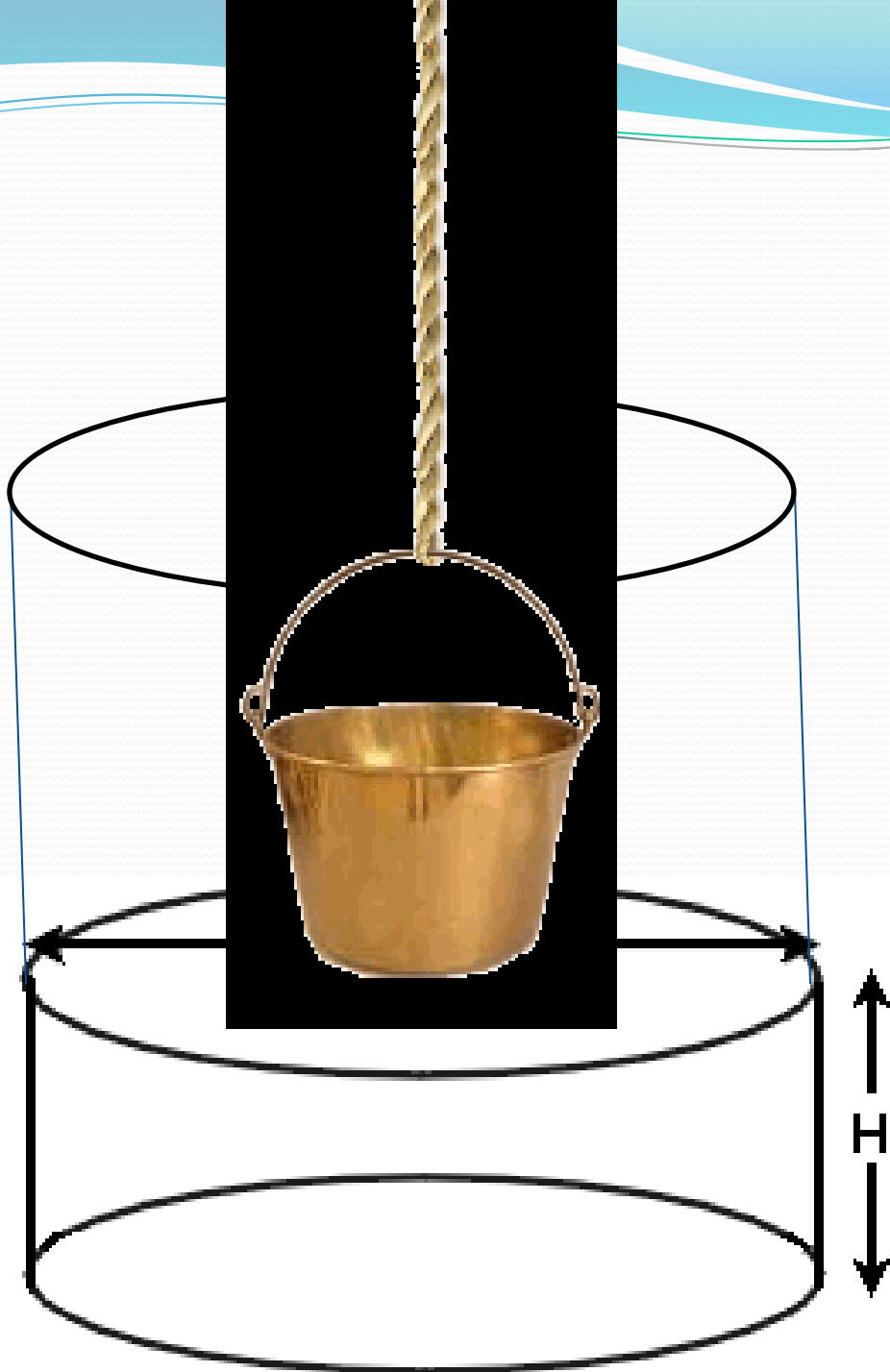
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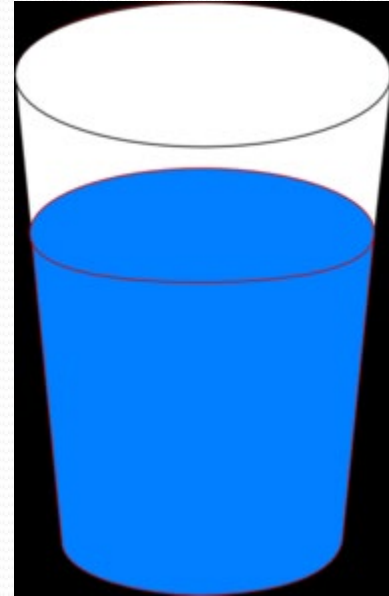
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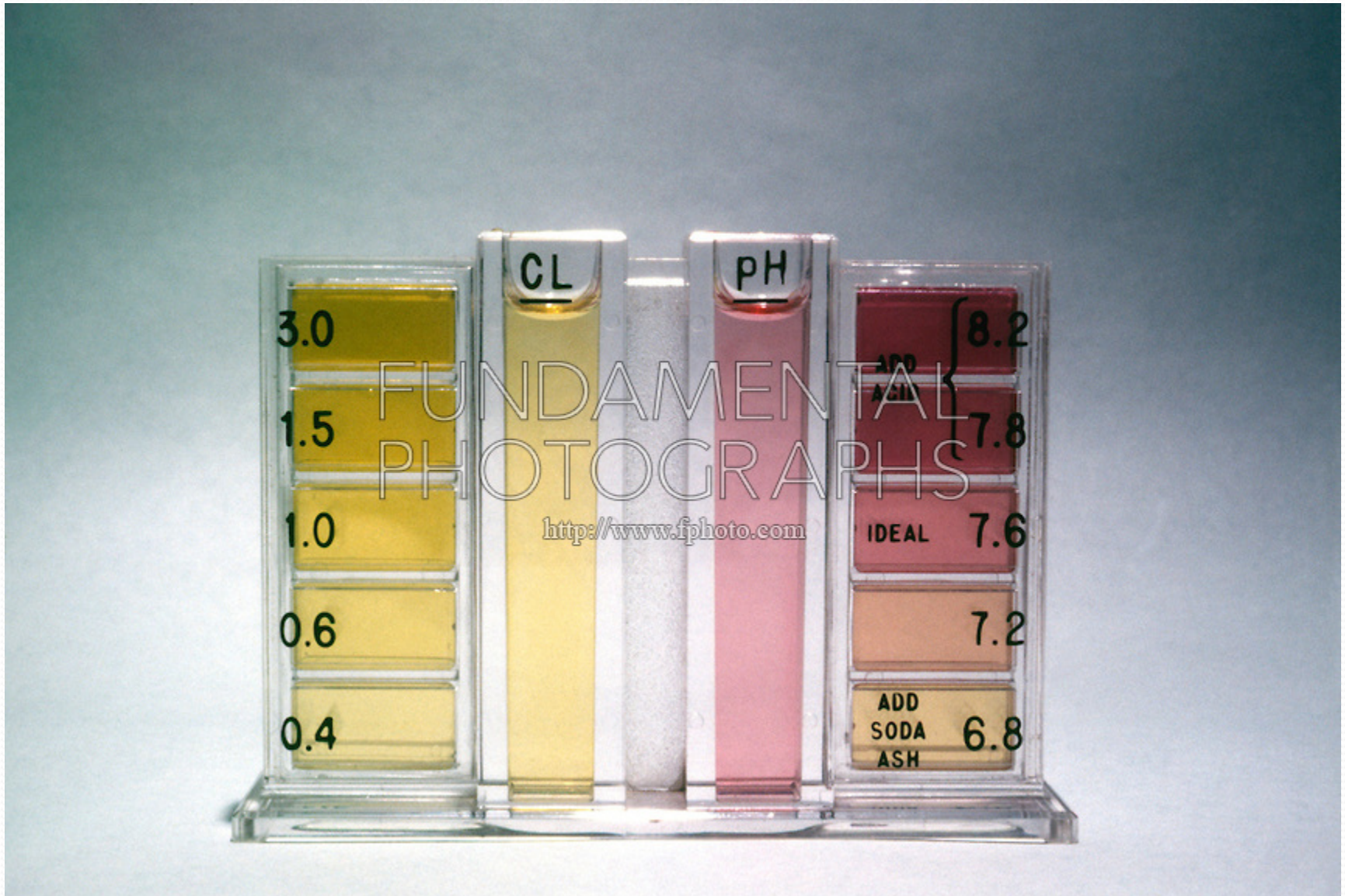




Test for residual chlorine



Orthotolidine Test



Household Chlorination



Stock solution





500 ml



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Stock solution



1 Gallon

- ရေ ၁ ဂါလံကို ပင်မဖျော်ရည် လက်ဖက်ရည်ဖွန်း တစ်ဖွန်း
- (၁ဂါလံ = ၃.၆ လီတာ)
- ရေ ၂၀ လီတာကို ပင်မဖျော်ရည် မည်မျှ ထည့်ရမည်နည်း

- အိမ်ခြေ ၇၀၀ ရှိသောရွာတွင် တစ်အိမ်လျှင် ပင်မဖျော်ရည် တစ်ပုလင်း ဝေလိုပါက ကလိုရင်း မည်မျှ အောင်စ ဝယ်ရမည်နည်း

The facts which should be included in health education are as follow;

- 1. Do not pour toxic chemicals down the drain or into the toilet.
- 2. Do not pour toxic chemicals on the ground. These substances can contaminate ground water supplies in runoff.
- 3. Use phosphate free detergents and biodegradable soaps and shampoos. A biodegradable product is a product that can be broken down by living organisms into harmless and useable materials.
- 4. Let water run for at least 30 seconds when you first turn it on. Water that has stood in the pipes might have absorbed lead. Or boil water for ten minutes before drinking it if there is a chance that it might contain microorganisms.
- 5. Pump out the septic tank once a year to avoid ground water contamination.
- 6. Support community efforts to clean up rivers, lakes, and streams and to preserve wet lands.
- 7. Support local and state legislation to control water pollution.

- 8. Do not dump garbage or toxic chemicals into lakes, streams, rivers, ponds, storm sewers, or ditches.
- 9. Do not dispose of plastics, such as plastic cups and bags in water ways.
- 10. Select yard plants that require little or no fertilizer.
- 11. Plant trees and shrubs to discourage water runoff and soil erosion.
- 12. Convert yard trimmings into compost. As plant materials decay, they can be used as a soil conditioner, gradually releasing nutrients to a lawn or garden. This allows less fertilizer to be used.
- 13. Contact the public health department if water has unusual appearance, smell or taste. It could be contaminated. Do not use this water until the water is tested and pronounced safe to drink.
- 14. Follow the recommendation of the Public Health Worker.
- 15. Test drinking water for lead and arsenic if you suspect that there is lead and arsenic in water.

- Hand pumps for accessing water are generally categorized into
 - a) Shallow well pump and
 - (b) Deep well pumps.



- Suction and lift are important considerations when pumping fluids. Suction is the vertical distance between the fluid to be pumped and the centre of the pump, while lift is the vertical distance between the pump and the delivery point. The depth from which a hand pump will suck is limited by atmospheric pressure to an operating depth of less than 7 metres. The height to which a hand pump will lift is governed by the ability of the pump and the operator to lift the weight in the delivery pipe. Thus the same pump and operator will be able to achieve a greater lift with a smaller diameter pipe than they could with a larger diameter pipe.

ဝက် ၃ ပေ ၄
အနက် ၁၀ ပေ ၇
ထည်ကို ရှာပါ

အချင်း ၆ ပေ
အနက် ၁၂ ပေ ၈
လက်မ
ရေထုထည်ကို ရှာပါ

အချင်းဝက် ၄ ပေ ၅
လက်မ
အနက် ၁၄ ပေ ၉
လက်မ
ရေထုထည်ကို ရှာပါ

၃၀ လက်မ
၁ လက်မ
၄၀ လက်မ
ထည့် ရှာပါ

အလား ၃၅ လက်မ
အနံ ၂၅ လက်မ
အျမငံ ၄၅ လက်မ
ရေထုထည် ရှာပါ

အလား ၄၀ လက်မ
အနံ ၃၅ လက်မ
အျမငံ ၅၀ လက်မ
ရေထုထည် ရှာပါ